

IN THE HUDDLE

MEQUON - THIENSVILLE CARDINAL YOUTH FOOTBALL - 2011 SEASON

**CARDINAL WHITE @ HARTFORD BLACK
OCONOMOWOC PURPLE @ CARDINAL RED
OCTOBER 30, 2011**

Spoken from the heart...

Vision Matters

Do you have the ability to foresee your destination, a goal, that appears to be just beyond your reach? If so, you may be a person of vision.

What is the best way to fight through adversity, combat negative thoughts, feelings and beliefs?

Relying on your vision - keeping that clear, precise and vivid picture of success we have created in our mind - staves off distraction.

You must be "all in" with regard to your vision, fully committed to see it transformed from dream to reality.

Vision is the necessary component for success of any kind. Every successful venture began first with a vision. Without vision, dreams perish, accomplishment falters and success will remain elusive.

Vision enables you to understand your present circumstances and simultaneously see your future that can grow and improve from your present reality.

It is your grand idea, imagined in the mind of a bright future; a reality that has yet to come to fruition.

Vision enhances momentum, deflecting inertia, keeping you moving in the face of resistance, fear, criticism and doubt.

As the fuel of perseverance, those with vision will persist and endure long after those without it have called it quits.

So where do you see your self going?

Pastor Ellsworth Freyer
The Hubbell has nothing on his vision

Ralph Marston Jr., inspirational author and creator of "*The Daily Motivator*" once said; "Your goals, minus your doubts, equal your reality."

If you want, you could take this idea and even reduce it further, to a basic equation:

$$G - D = R$$

Simple arithmetic.

With some effort, commitment and the right attitude, you can solve this problem, yielding some very powerful, lasting and positive results.

A goal is where you want to go, what you want to do; what you 'see' yourself becoming. It takes more than sight to see that far away, in time and space. It requires extraordinary vision to be able to "see" a goal.

On the one hand, you can never afford to lose sight of the present; the moment you are in right now. The present is invaluable and not to be overlooked. It is where all the prep work takes place. Discipline and commitment are learned in the present. Attitudes are formed. Character is revealed.

Yet on the other, you also need to develop the skills to check the horizon, to establish your coordinates and to adjust your long term plans if need be.

If it appears that your destination - the goal - is getting closer, then perhaps your work in the present is

G - D = R

paying off. You are making progress, you are effecting your reality.

However, if you look up and find the horizon seems farther away than when you last looked, or is missing altogether, perhaps it is time to regroup.

It can be at this juncture where doubt can make its presence known. Excuses, rationalization and self pity will begin to take their toll. A negative attitude can add to the inertia, increasing drag, acting as an anchor.

Self doubt can begin to slowly destroy your spirit, overshadow your confidence, bury your talent, and push you to simply quit. The voice within you that always said, "I know I can" grows silent.

Self doubt is a choice, and if you allow it to take root it can diminish the value of your goal substantially. Allow it to grow and get out of control, self doubt will ultimately erase your goal in its entirety, leaving in its wake, a reality marked by unrealized potential, disappointment and pain.

Your choices wield the power to ignore self doubt's distractions and eliminate them altogether.

You **can** choose to refuse doubt.

With vision, a positive attitude, and the 'want to' to eliminate self doubt, the equation for success is simpler yet: **goals equal reality.**

Or - $G=R$

"All successful people men and women are big dreamers. They imagine what their future could be, ideal in every respect, and then they work every day toward their distant vision, that goal or purpose." — [Brian Tracy](#)

"The most pathetic person in the world is someone who has sight but no vision."

— Helen Keller

"Obstacles are those frightful things you see when you take your eyes off your goals."

— Henry Ford

"It's not about how to achieve your dreams, it's about how to lead your life, ... If you lead your life the right way, the karma will take care of itself, the dreams will come to you."

— Randy Pausch

"The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark."

— Michelangelo Buonarroti

"What we achieve inwardly will change outer reality."

— Plutarch

... "To think well of yourself and to proclaim this fact to the world, not in loud words but great deeds.

To live in faith that the whole world is on your side so long as you are true to the best that is in you."

— **Christian D. Larson**

"Vision without execution is hallucination."

— Thomas A. Edison

"Life moves on, whether we act as cowards or heroes. Life has no other discipline to impose, if we would but realize it, than to accept life unquestioningly. Everything we shut our eyes to, everything we run away from, everything we deny, denigrate or despise, serves to defeat us in the end. What seems nasty, painful, evil, can become a source of beauty, joy, and strength, if faced with an open mind. Every moment is a golden one for him who has the vision to recognize it as such"

— Henry Miller

"I believe life is constantly testing us for our level of commitment, and life's greatest rewards are reserved for those who demonstrate a never-ending commitment to act until they achieve. This level of resolve can move mountains, but it must be constant and consistent. As simplistic as this may sound, it is still the common denominator separating those who live their dreams from those who live in regret."

— Anthony Robbins

"Champions aren't made in gyms. Champions are made from something they have deep inside them—a desire, a dream, a vision. They have to have the skill, and the will. But the will must be stronger than the skill."

— [Muhammad Ali](#)

A NOTE FROM COACH HAHN

"Actio sequitur esse", a Latin phrase translated to mean "action follows being", is commonly attributed to St. Thomas Aquinas. It is the key element to understanding some of his most profound and lasting metaphysical explorations about human nature.

"Action follows being" succinctly expresses that permanent correlation between our being - 'who we are' - and how our thoughts, words and deeds ultimately reflect our essence.

Think about what Pastor Freyer has said many times; "What you are someday going to be is what you are now becoming."

You are all a work in progress to a certain extent. There are always things to learn and ways to grow. You are becoming what you were always intended to be: extraordinary.

Through the thoughts you create and share, your attitude can become a positive force in all that you do.

Through the words you choose, whether spoken or written, you can become a leader, inspiring others to pursue the virtues of leadership as well.

Through the deeds you envisioned in your thoughts and reflected by your words, you will become what you are someday meant to be.

Allowing the best of your thoughts, words and 'being' to guide your deeds, you will become what you were always meant to be: extraordinary.